

LOS ANGELES REGIONAL



Fighting Hunger. Giving Hope.

LOS ANGELES REGIONAL FOOD BANK

In collaboration with:

Rowland Heights Community Christian Church



Invite you to receive free healthy foods from our Mobile Food Pantry Program!

**Food distributed may include: Fresh fruits and vegetables, canned meats,
beans, soups, rice, pasta, sauces, grains, bread and yogurt!**

**All Participating Households
Must Meet the
USDA Income Guidelines
below:**

USDA Household Income Guidelines

- 1 Person- \$1,517 per month**
- 2 People- \$2,057 per month**
- 3 People- \$2,597 per month**
- 4 People- \$3,137 per month**
- 5 People- \$3,677 per month**
- 6 People- \$4,217 per month**



**For your convenience, please bring
your grocery cart or reusable bags**

Mobile Food Pantry Distribution will be on:

July 28th, August 25th, September 22nd

9:00 A.M. -11:00 A.M.

(4th Thursday of Every Month)

Rowland Heights Community Christian Church

19309 Colima Road

Rowland Heights, CA 91748

(626) 965-3033

