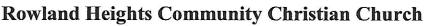


LOS ANGELES REGIONAL FOOD BANK In collaboration with:





Invite you to receive free healthy foods from our Mobile Food Pantry Program!

Food distributed may include: Fresh fruits and vegetables, canned meats, beans, soups, rice, pasta, sauces, grains, bread and yogurt!

All Participating Households
Must Meet the
USDA Income Guidelines
below:

USDA Household Income Guidelines

- 1 Person-\$1,517 per month
- 2 People-\$2,057 per month
- 3 People-\$2,597 per month
- 4 People-\$3,137 per month
- 5 People-\$3,677 per month
- 6 People-\$4,217 per month



For your convenience, please bring your grocery cart or reusable bags

Mobile Food Pantry Distribution will be on:

July 25th, August 22nd, September 26th 9:00 A.M. -11:00 A.M. (4th Thursday of Every Month)

Rowland Heights Community Christian Church

19309 Colima Road Rowland Heights, CA 91748 (626) 965-3033

