

LOS ANGELES REGIONAL FOOD BANK
In collaboration with:
Rowland Heights Community Christian Church



**Invite you to receive free healthy foods from our
Mobile Food Pantry Program!**

**Food distributed may include: Fresh fruits and vegetables, canned meats,
beans, soups, rice, pasta, sauces, grains, bread and yogurt!**

All Participating Households
Must Meet the
USDA Income Guidelines
below:

USDA Household Income Guidelines

- 1 Person- \$1,517 per month**
- 2 People- \$2,057 per month**
- 3 People- \$2,597 per month**
- 4 People- \$3,137 per month**
- 5 People- \$3,677 per month**
- 6 People- \$4,217 per month**



**For your convenience, please bring your
grocery cart or reusable bags**

**Mobile Food Pantry Distribution will be on:
Thurs October 22nd, Tues November 24th, Tues December 22nd
9:00 A.M. -11:00 A.M.**

****CURRENTLY ONLY ACCEPTING DRIVE-THRU****

Rowland Heights Community Christian Church

19309 Colima Road
Rowland Heights, CA 91748
(626) 965-3033

